# "HOW TO WIN" HIGH PERFORMANCE TENNIS CAMP

Whiteslane Mulgrave Tennis Club - Glen Waverley

3 Half Training Days | Wednesday 20<sup>th</sup> to Friday 23<sup>rd</sup> December 2022 Session 1: UTR 2-5 - 8.30am to 12.30pm | Session 2: UTR 6-9 – 1pm to 5pm

### **HEAD COACHES**

Tennis Australia High performance coaching team lead by Millennium Tennis Academy head coach Adrian Lombardi

The camp is designed for Junior Tournament & Club Competition Players – 9 to 18yrs

# **OUR FOCUS**

To provide everyone an opportunity to develop PRE COMPETITION & COMPETITION skills that will enable athletes to perform at their highest level during the tournament events.

### **OUR MISSION**

To educate and enhance each athlete tennis experience through our unique teaching methods.

# **PROGRAM BENEFITS**

- Creating winning pro point patterns
- How to achieve victory over yourself
- Mental, Emotional, Physical solutions
- How to play to the score
- Staying clear & calm strategies
- Controlling your heart rate to play at your optimal level

3 x 4 Hour Day Tennis Camp

12 hours of Training

For Only \$298.00

Daily Rate is available at \$140 per day (minimum 2 days)



ENROLMENT FORM					
Childs Name/s:		□ Male	☐ Female	Age:	Date of Birth:
Parent's Name:					
Address:	Suburb: _				P/Code:
Mob:		Email: _			
Any Known Medical Conditions: Parent's Signature :					
Session 1: UTR 2-5 - 8.30am to 12.30pm Session 2: UTR 6-9 – 1pm to 5pm  Total Amount Enclosed (Preferred payment method Electronic Funds Transfer)					
3 Days \$ Daily Sessions: Days atter			,	\$	
(An invoice will be emailed to you for payment)  Please email or text (photo) registration form to <a href="mailto:info@mtennis.com.au">info@mtennis.com.au</a> or 0417 591 911  Please Read THE MTA POLICIES  www.mtennis.com.au/policies					
Signature of Responsible Person:			Dat	e:	